

When?

9:20am - 11:45am, the first and third Wednesdays, August - May.

Where?

The Fellowship Hall at Christ Lutheran Church in Highlands Ranch, CO

What to Expect:

Each meeting includes:

COFFEE AND BRUNCH

Each table rotates providing the brunch and set-up/clean-up for each meeting.

MENTORING

Sometimes we need a wise woman who has been there and done that to bounce ideas off of. That's why we love our MOPS Mentors, they offer a listening ear and the voice of experience.

SMALL GROUPS

Real talk is liberating. It frees us from assumptions that we are alone in our struggles. We value taking a risk and sharing your story in order to heal someone else from their isolation. Small groups remain the same throughout each MOPS year to allow for deeper connection with others within the group.

CHILDCARE

Look, we all love our kids, but let's be honest: a little break now and then makes us want to be with them even more. We provide a preschool-style experience for your kiddos that they will love going back to. Our paid MOPPETS workers are all background checked.

Other activities that vary each meeting include:

SPEAKERS

What we provide is mommy friends who get you, hope-filled insight, and speakers who know we've only had three hours of uninterrupted sleep last night so they better keep it interesting. CLC MOPS utilizes a mix of live speakers and videos to encourage and give us practical ideas.

SERVICE PROJECTS

We do several service projects throughout the year to connect with and give back to our community.

CRAFTS

Create, imagine, and actually finish a project. We occasionally like to have something "pintersty" to make at our meetings. We all need a little time to indulge in a creative endeavor, even for the least crafty of us.

FUNDRAISING

We have a variety of fundraising events throughout the year to help keep the individual costs to a minimum.

What is the cost?

\$105/per year without children in childcare

\$135/per year with 1 child in childcare

\$145/per year with 2 or more children in childcare

Included in the dues is the annual membership to MOPS International

For more information:

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or

www.clchr.org/mops